

## VISION OF WAG

**VISION:** To foster a community of Godly women who study the Word of God, are Spirit-filled, and are committed to standing on the Word. Women who love ministering to one another and to other women who visit the group (and other people on the trails).

**MISSION:** We meet in nature, to hike, enjoy God's beautiful creation, and intentionally pray for one another. We expect healing through the power of the Holy Spirit and for lives to be transformed through the Word!

This group is based out of Woodland Park (Teller County). Also, there is the original WAG group in Summit County, Colorado (Dillon/Silverthorne).

## HIKING ETIQUETTE AND TIPS

- **Right of way:** Uphill traveler gets the right of way (Horses, people, then bikers)
- **Passing:** Pass on left as driving, speak on your left
- **Keep the wild wild** – give animals space, no feeding or trying to pet animals... no picking plants and wildflowers, or even rocks take photos (disturbs the ecosystem)
- **Leave no trace:** Pack it in and pack it out. Doggie poo
- **Stay On the Trail**
- Leave cairns as they are.
- Doggies
- Common courtesy

## MEETUP

- YOU MUST BE ON MEETUP TO KNOW WHAT WE HAVE PLANNED
- For each hike I provide:
  - The name of the hike and location
  - Details about the hike
  - Where we will be meeting
  - Time meeting for carpooling, location, and departure from there.
  - Time of departure from trail head.
  - What to bring ie poles, spikes, extra water etc...
  - The level of the hike (easy, moderate, difficult, extreme) this is based on the trail itself, elevation gain, and overall difficulty.
  - How long the hike is 2.5 miles approximately for example or a 4 mile loop.
  - Where we will meet for our reading (sometimes).
  - Whether doggies can come or not; leashed or unleashed.

- Any other information that might be needed for this event, meeting for lunch etc.
- Please respond if you will be attending the hike.
- If things change, please change your response.
- Make sure you understand the hike, where we are meeting, etc.

## HOW HIKES WORK OR PLANNED

- I'm planning on Mondays for the hikes here in Woodland Park.
- My goal is to post at least 4-6 hikes in advance and have a consistent day so people can plan accordingly.
- I pre-hike every place before the hike to scope out any issues or concerns. I.e. downed trees, snow, ice, closed trails, fire danger, etc.
- I leave PROMPTLY at the time that is promised to respect those who have shown up. Yes, people have been left behind and have had to catch up with us.
- I show up at every single event and have not canceled in 5 years; once it's posted I'm there 😊 If I say I'm going to be somewhere – I'm there.
- Now with that said, things have changed, we have had to reschedule, postpone, or not do a hike due to fires, floods, avalanches, or other unforeseen circumstances where we couldn't get to the trail or the trail head!
- Things will change, so this is why it's important the ladies have the meetup app and check it before they leave their house!!

## LOGISTICS ON THE HIKES

- I have a headcount and check Meetup with the ladies that showed up.
- We pray before we head out on the hike. (in a circle holding hands)
- Typically, in the parking lot or at the trailhead – depends on the area.
- If someone has signed up to hike with the group, they are to stay with the group; unless they let me know if things change – they need to leave early, etc.
- Ladies typically hike at three different levels and at their own pace.
- I will know after a few hikes who is at what level and can gauge hikes and lengths from there.
- We always try to get a group photo at the best scenic area or in the parking lot, so I have the entire group together!!! (again depends on the hike)
- **The biggest thing for me is that NO ONE hikes alone.**
- There are at least two people together at all times and they know where they are going IF they get behind the rest of the group.

- Everyone carries their own ten essentials, water, food, etc.
- We will stop at a designated area or turnaround point for the bible reading/teaching.
- You cannot rely on cell phone service while on hiking trails because many times there is NO service, thus the reason to be prepared to take care of each other while out there.